









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>9:10 Walking Club [G]</p> <p>9:50 JoAnn's Arts and Crafts Errand [G]</p> <p>9:50 Stretch and Be Fit [VLR]</p> <p>10:00 Transportation to South Bay Presbyterian Church [G]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Traveling the City: Redondo Beach [G]</p> <p>1:30 Blackjack [GR]</p> <p>2:00 First Lutheran Church Service [VLR]</p> <p>2:30 Documentary Hour: The Royals [TR]</p> <p>3:30 Rummikub [GR]</p> <p>6:30 Evening Movie: Lincoln [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">1</p>	<p>Podiatrist Visit with Dr. Giladi 1:30-5:30pm</p> <p>Errand Day!</p> <p>9:00 J Ross Dry Cleaners Drop Off [G]</p> <p>9:10 Welbrook Morning Walk [G]</p> <p>9:50 Tai Chi [VLR]</p> <p>10:05 Del Amo Mall Errand Drop-Off [G]</p> <p>10:15 UFO Word Search [VLR]</p> <p>10:30 Target/Ralphs [G]</p> <p>11:00 Candy Bingo! [VLR]</p> <p>1:05 Kohls Shopping Drop Off [G]</p> <p>1:30 Large Crossword [GR]</p> <p>2:00 Tokyo Central Outing [G]</p> <p>2:30 Rummikub [GR]</p> <p>2:30 Blackjack [GR]</p> <p>3:30 Coloring Creations [VLR]</p> <p>3:30 Errands/Shopping: CVS/Walgreens [G]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">2</p>	<p>Doctor Appointments</p> <p>9:10 Morning Walk and Chitchat! [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Activity Chat [VLR]</p> <p>2:30 Endless Words [VLR]</p> <p>3:30 State Nickname Challenge [VLR]</p> <p>6:00 Rummikub [GR]</p> <p>6:30 Classic Movie Night: Singin' in the Rain [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">3</p>	<p>4th of July</p> <p>9:10 Welbrook Morning Walk [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Men's Social Hour [GR]</p> <p>10:30 Bingo [VLR]</p> <p>11:30 Fourth of July Soda Show! [C]</p> <p>1:30 Fourth of July Word Search [VLR]</p> <p>2:30 Cooking Club: Fruit Kabobs [VLR]</p> <p>3:30 Rummikub [GR]</p> <p>6:00 300pc Puzzle Challenge [GR]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">4</p>	<p>Doctor Appointments</p> <p>9:10 Morning Walk and Chitchat! [G]</p> <p>9:30 Age Fit Exercises [VLR]</p> <p>10:00 Beading with Brigitte [VLR]</p> <p>10:15 Independent Word Search [G]</p> <p>11:00 Crafts and Creations: Squirt Gun Painting [VLR]</p> <p>1:30 Bingo [VLR]</p> <p>2:30 Computer Class: Technology Help [GR]</p> <p>3:30 Who, What, When [VLR]</p> <p>3:30 Bible Study [GR]</p> <p>6:00 Rummikub [GR]</p> <p>6:30 Late Night Movie: Resident's Choice [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">5</p>	<p>Sign Up for In n Out Burger</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo Madness! [VLR]</p> <p>12:10 In n Out Lunch Outing [G]</p> <p>1:30 Rummikub [GR]</p> <p>2:30 Large Crossword [GR]</p> <p>3:30 Happy Hour: Root Beer Floats [G]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">6</p>	<p>Nightly Puzzle Social</p> <p>9:50 Morning Matinee [TR]</p> <p>9:50 Stretch and Flex [VLR]</p> <p>10:15 Saturday Morning Walk! [G]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Rummikub [GR]</p> <p>2:30 Create Your Own Strawberry Sundae [VLR]</p> <p>3:30 Learn Sign Language Together [VLR]</p> <p>6:00 Puzzle Social [GR]</p> <p>6:30 Evening Movie [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">7</p>		
<p>9:10 Walking Club [G]</p> <p>9:50 Trader Joes Errand [G]</p> <p>9:50 Stretch and Be Fit [VLR]</p> <p>10:00 Transportation to South Bay Presbyterian Church [G]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Traveling the City: Hermosa Beach [G]</p> <p>1:30 Blackjack [GR]</p> <p>2:00 First Lutheran Church Service [VLR]</p> <p>2:30 Documentary Hour: The Royals [TR]</p> <p>3:30 Rummikub [GR]</p> <p>6:30 Evening Movie: Woman in Gold [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">8</p>	<p>Errand Day!</p> <p>9:05 Target/Ralphs [G]</p> <p>9:10 Welbrook Morning Walk [G]</p> <p>9:50 Tai Chi [VLR]</p> <p>10:15 Banking Transportation [G]</p> <p>10:15 Logic Puzzles [VLR]</p> <p>11:00 Candy Bingo! [VLR]</p> <p>1:30 Errands/Shopping: CVS/Walgreens [G]</p> <p>1:30 Large Crossword [GR]</p> <p>2:30 Post Office/DMV [G]</p> <p>2:30 Rummikub [GR]</p> <p>2:30 Blackjack [GR]</p> <p>3:30 Coloring Creations [VLR]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">9</p>	<p>Doctor Appointments</p> <p>9:10 Morning Walk and Chitchat! [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:30 Bingo with Caremore [VLR]</p> <p>1:30 Movie Matinee [TR]</p> <p>2:00 Resident Council [VLR]</p> <p>3:00 Endless Words [VLR]</p> <p>6:00 Rummikub [GR]</p> <p>6:30 Classic Movie Night: High Noon [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">10</p>	<p>9:10 Welbrook Morning Walk [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:30 Music Bingo with Pacific Crest [VLR]</p> <p>1:05 7-11 Slushie Outing [G]</p> <p>1:30 Rummikub [GR]</p> <p>2:30 Bingo [VLR]</p> <p>3:30 Stress Free Coloring [VLR]</p> <p>6:00 300pc Puzzle Challenge [GR]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">11</p>	<p>Doctor Appointments</p> <p>9:10 Morning Walk and Chitchat! [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Independent Word Search [G]</p> <p>10:30 Welbrook's Library Club: Organization [VLR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Crafts and Creations: Color Your Own Bookmark [VLR]</p> <p>2:30 Putting in the Green [C]</p> <p>3:30 Who, What, When [GR]</p> <p>6:00 Rummikub [GR]</p> <p>6:30 Late Night Movie: Resident's Choice [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">12</p>	<p>Sign Up for Benihana</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo Madness! [VLR]</p> <p>12:10 Benihana Lunch Outing [G]</p> <p>1:30 Rummikub [GR]</p> <p>2:30 Name that Flower [GR]</p> <p>3:30 Happy Hour: Shirley Temples [G]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">13</p>	<p>Nightly Puzzle Social</p> <p>9:50 Morning Matinee [TR]</p> <p>9:50 Stretch and Flex [VLR]</p> <p>10:15 Saturday Morning Walk! [G]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Rummikub [GR]</p> <p>2:30 Chair Bowling [GR]</p> <p>3:30 Jeopardy Trivia [GR]</p> <p>6:00 Puzzle Social [GR]</p> <p>6:30 Evening Movie [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">14</p>		
<p>9:10 Walking Club [G]</p> <p>9:50 Walmart Errand [G]</p> <p>9:50 Stretch and Be Fit [VLR]</p> <p>10:00 Transportation to South Bay Presbyterian Church [G]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Blackjack [GR]</p> <p>1:30 Traveling the City: Scenic Drive [G]</p> <p>2:00 First Lutheran Church Service [VLR]</p> <p>2:30 Documentary Hour: The Royals [TR]</p> <p>3:30 Rummikub [GR]</p> <p>6:30 Evening Movie: Heidi [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">15</p>	<p>Errand Day!</p> <p>9:00 J Ross Dry Cleaners Drop Off [G]</p> <p>9:10 Welbrook Morning Walk [G]</p> <p>9:50 Tai Chi [VLR]</p> <p>10:05 Del Amo Mall Marshalls Drop-Off [G]</p> <p>10:15 Wacky Wordies [VLR]</p> <p>10:30 Target/Ralphs [G]</p> <p>11:00 Candy Bingo! [VLR]</p> <p>1:30 Errands/Shopping: CVS/Walgreens [G]</p> <p>1:30 Large Crossword [GR]</p> <p>2:30 Rummikub [GR]</p> <p>2:30 Tokyo Central Outing [G]</p> <p>2:30 Blackjack [GR]</p> <p>3:30 Coloring Creations [VLR]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">16</p>	<p>Doctor Appointments</p> <p>9:10 Morning Walk and Chitchat! [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Chef Chat [VLR]</p> <p>2:30 Endless Words [VLR]</p> <p>3:30 Recreate An Emoji! [VLR]</p> <p>6:00 Rummikub [GR]</p> <p>6:30 Classic Movie Night: National Treasure [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">17</p>	<p>9:10 Welbrook Morning Walk [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Did You Know... Social [VLR]</p> <p>10:15 Men's Social Hour [GR]</p> <p>11:00 Bingo [VLR]</p> <p>1:05 Bowling at Gable House Bowl [G]</p> <p>1:30 Environmental Club: Madrona Marsh [GR]</p> <p>2:30 Cooking Club: Fruit Popsicles [VLR]</p> <p>3:30 Rummikub [GR]</p> <p>6:00 300pc Puzzle Challenge [GR]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">18</p>	<p>Doctor Appointments</p> <p>9:10 Morning Walk and Chitchat! [G]</p> <p>9:30 Age Fit Exercises [VLR]</p> <p>10:00 Beading with Brigitte [VLR]</p> <p>10:15 Independent Word Search [G]</p> <p>11:00 Crafts and Creations: Seashell Frame [VLR]</p> <p>1:30 Bingo [VLR]</p> <p>2:30 Putting in the Green [C]</p> <p>2:30 Computer Class: Beginners [GR]</p> <p>3:30 Discuss and Recall [VLR]</p> <p>3:30 Bible Study [GR]</p> <p>6:00 Rummikub [GR]</p> <p>6:30 Late Night Movie: Resident's Choice [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">19</p>	<p>Sign Up for Denny's</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo Madness! [VLR]</p> <p>12:10 Denny's Lunch Outing [G]</p> <p>1:30 Rummikub [GR]</p> <p>2:30 Discover and Learn: Horses [GR]</p> <p>3:30 Happy Hour: Ice Cream! [G]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">20</p>	<p>Nightly Puzzle Social</p> <p>9:50 Morning Matinee [TR]</p> <p>9:50 Stretch and Flex [VLR]</p> <p>10:15 Saturday Morning Walk! [G]</p> <p>11:00 Entertainment with George Rossi! [VLR]</p> <p>1:30 Rummikub [GR]</p> <p>2:30 Bingo [VLR]</p> <p>3:30 Learn Sign Language Together [VLR]</p> <p>6:00 Puzzle Social [GR]</p> <p>6:30 Evening Movie [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">21</p>		
<p>9:10 Walking Club [G]</p> <p>9:50 Ross Errand [G]</p> <p>9:50 Stretch and Be Fit [VLR]</p> <p>10:00 Transportation to South Bay Presbyterian Church [G]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Blackjack [GR]</p> <p>1:30 Traveling the City: Scenic Drive [G]</p> <p>2:00 First Lutheran Church Service [VLR]</p> <p>2:30 Documentary Hour: The Royals [TR]</p> <p>3:30 Rummikub [GR]</p> <p>6:30 Evening Movie: Big Eyes [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">22</p>	<p>Errand Day!</p> <p>9:05 Target/Ralphs [G]</p> <p>9:10 Welbrook Morning Walk [G]</p> <p>9:50 Tai Chi [VLR]</p> <p>10:15 Nostalgic Trivia [VLR]</p> <p>10:15 Banking Transportation [G]</p> <p>11:00 Candy Bingo! [VLR]</p> <p>1:30 Errands/Shopping: CVS/Walgreens [G]</p> <p>1:30 Large Crossword [GR]</p> <p>2:30 Rummikub [GR]</p> <p>2:30 Blackjack [GR]</p> <p>3:30 Coloring Creations [VLR]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">23</p>	<p>Doctor Appointments</p> <p>9:10 Morning Walk and Chitchat! [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 History of Amelia Earhart [GR]</p> <p>2:30 Endless Words [VLR]</p> <p>3:30 Jokes and Riddles [VLR]</p> <p>6:00 Rummikub [GR]</p> <p>6:30 Classic Movie Night: A Little Princess [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">24</p>	<p>9:10 Welbrook Morning Walk [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Did You Know... Social [VLR]</p> <p>10:15 Men's Social Hour [GR]</p> <p>11:00 Bingo [VLR]</p> <p>1:05 Gelato at Redondo Beach Pier [G]</p> <p>1:30 Pick a Topic and Discuss [VLR]</p> <p>2:30 Cooking Club: 7up Guacamole [VLR]</p> <p>3:30 Rummikub [GR]</p> <p>6:00 300pc Puzzle Challenge [GR]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">25</p>	<p>Doctor Appointments</p> <p>9:10 Morning Walk and Chitchat! [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Independent Word Search [G]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Crafts and Creations: Color Blast Hat [VLR]</p> <p>2:30 Bocce Ball [C]</p> <p>2:30 Computer Class: Technology Help [GR]</p> <p>3:30 Who, What, When [VLR]</p> <p>5:30 Mark's Director's Night [GR]</p> <p>6:30 Late Night Movie: Resident's Choice [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">26</p>	<p>Sign Up for King's Hawaiian</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo Madness! [VLR]</p> <p>12:10 King's Hawaiian Lunch Outing [G]</p> <p>1:30 Rummikub [GR]</p> <p>2:30 Large Crossword [GR]</p> <p>3:30 New Resident Welcome Social [G]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">27</p>	<p>Nightly Puzzle Social</p> <p>9:50 Morning Matinee [TR]</p> <p>9:50 Stretch and Flex [VLR]</p> <p>10:15 Saturday Morning Walk! [G]</p> <p>11:00 IPC Hebron Church [VLR]</p> <p>1:30 Rummikub [GR]</p> <p>2:30 Bingo [VLR]</p> <p>3:30 Jeopardy Trivia [GR]</p> <p>6:00 Puzzle Social [GR]</p> <p>6:30 Evening Movie [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">28</p>		
<p>9:10 Walking Club [G]</p> <p>9:50 TJMaxx Errand [G]</p> <p>9:50 Stretch and Be Fit [VLR]</p> <p>10:00 Transportation to South Bay Presbyterian Church [G]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 Blackjack [GR]</p> <p>1:30 Traveling the City: Scenic Drive [G]</p> <p>2:00 First Lutheran Church Service [VLR]</p> <p>2:30 Documentary Hour: The Royals [TR]</p> <p>3:30 Rummikub [GR]</p> <p>6:30 Evening Movie: Walt Before Mickey [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">29</p>	<p>Errand Day!</p> <p>9:00 J Ross Dry Cleaners Drop Off [G]</p> <p>9:05 Target/Ralphs [G]</p> <p>9:10 Welbrook Morning Walk [G]</p> <p>9:50 Tai Chi [VLR]</p> <p>10:15 Puzzles for the Brain [VLR]</p> <p>10:30 Post Office/DMV [VLR]</p> <p>11:00 Candy Bingo! [VLR]</p> <p>1:30 Tokyo Central Outing [G]</p> <p>1:30 Large Crossword [GR]</p> <p>2:30 Errands/Shopping: CVS/Walgreens [G]</p> <p>2:30 Rummikub [GR]</p> <p>2:30 Blackjack [GR]</p> <p>3:30 Coloring Creations [VLR]</p> <p>6:30 Turner Classic Movies- TV [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">30</p>	<p>Doctor Appointments</p> <p>9:10 Morning Walk and Chitchat! [G]</p> <p>9:50 Age Fit Exercises [VLR]</p> <p>10:15 Early Bird Matinee [TR]</p> <p>11:00 Bingo [VLR]</p> <p>1:30 July Birthday Entertainment [VLR]</p> <p>3:00 Endless Words [GR]</p> <p>6:00 Rummikub [GR]</p> <p>6:30 Classic Movie Night: Jumanji [TR]</p> <p style="text-align: right; font-size: 2em; color: red;">31</p>	 <p>WELBROOK South Bay</p>			<p>Location Keys</p> <p>Courtyard C</p> <p>Game Room GR</p> <p>Great Room G</p> <p>Theater Room TR</p> <p>Vibrant Life Room VLR</p>	<p> Be Adventurous</p> <p> Be Challenged</p> <p> Be Connected</p> <p> Be Family</p> <p> Be Inspired</p> <p> Be Social</p> <p> Be Well</p>	<p>Activities are subject to change.</p>