


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Errand Day! 1 9:05 🦋 Banking Transportation [G] 9:10 🍷 Welbrook Morning Walk [G] 9:50 🧘 Tai Chi [VLR] 10:15 📖 Independent Word Search [G] 10:30 🦋 Target/Ralphs [G] 11:00 🦋 Candy Bingo! [VLR] 1:30 🧠 Brain Games: Wacky Wordies [GR] 1:30 🛒 Errands/Shopping: CVS/Walgreens [G] 2:30 🎴 Blackjack [GR] 2:30 🖋️ Pencil Art Creations [GR] 3:30 🎴 Rummikub [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Doctor Appointments 2 9:10 🦋 Morning Walk and Chitchat! [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🗣️ Activity Chat [VLR] 2:30 📖 Endless Words [VLR] 3:30 🚗 Cars of the Past: What cars did you own? [VLR] 6:00 🎴 Rummikub [GR] 6:30 🌟 Classic Movie Night: Groundhog Day (1993) [TR]	3 9:10 🍷 Welbrook Morning Walk [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 🦋 Did You Know... Social [VLR] 11:00 🦋 Bingo [VLR] 1:15 📺 AMC Movie Outing [G] 1:30 🦋 Scattergories [VLR] 2:30 🍳 Cooking Club: Kale Salad [VLR] 3:00 🌟 Music Club [VLR] 3:30 🗣️ Let's Explore... China [VLR] 6:00 🦋 300pc Puzzle Challenge [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Doctor Appointments 4 Fall Boutique 11:30am - 2:30pm 9:00 🌟 Catholic Communion [GR] 9:10 🦋 Morning Walk and Chitchat! [G] 9:30 🍷 Age Fit Exercises [VLR] 10:00 🗣️ Beading with Brigitte [VLR] 10:15 📖 Independent Word Search [G] 11:00 📖 Endless Words [VLR] 1:30 🦋 Bingo [VLR] 2:30 📺 Computer 101 [GR] 3:30 🖋️ Crafts and Creations: Burlap Owl [VLR] 6:00 🎴 UNO Attack Card Game [GR] 6:30 📺 Late Night Movie: Resident's Choice [TR]	5 Sign Up for King's Hawaiian 9:50 🍷 Age Fit Exercises [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo Madness! [VLR] 12:00 🦋 King's Hawaiian Lunch Outing [G] 1:30 🎴 Rummikub [GR] 2:30 📖 Endless Words [GR] 3:00 🦋 Happy Hour [G] 6:30 📺 Turner Classic Movies- TV [TR]	6 Mad Hatter Day! Wear your hats! Nightly Puzzle Social 9:10 🍷 Saturday Morning Walk! [G] 9:50 🍷 Stretch and Flex [VLR] 10:15 🌟 Morning Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🎴 Rummikub [GR] 2:30 🎴 Simon Game [GR] 3:30 🎴 Jeopardy Trivia [GR] 3:30 🗣️ Sign Language: Beginners [VLR] 6:00 🦋 Puzzle Social [GR] 6:30 📺 Evening Movie: Hotel for Dogs (2009) [TR]	
7 9:10 🍷 Walking Club [G] 9:50 🦋 Kohls Errand [G] 9:50 🦋 Stretch and Be Fit [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🎴 Blackjack [GR] 2:00 🌟 First Lutheran Church Service [VLR] 2:30 🏠 The Royal House of Windsor: Episode One [TR] 3:30 🗣️ Let's Go on A Scenic Drive: Old Town Torrance [G] 3:30 🎴 Rummikub [GR] 6:30 📺 Evening Movie: A Wrinkle in Time (2018) [TR]	Errand Day! 8 9:00 🦋 J Ross Dry Cleaners Drop Off [G] 9:10 🍷 Welbrook Morning Walk [G] 9:50 🧘 Tai Chi [VLR] 10:05 🛒 Del Amo Mall Errand Drop-Off [G] 10:15 📖 Independent Word Search [G] 10:30 🦋 Target/Ralphs [G] 11:00 🦋 Candy Bingo! [VLR] 1:30 🛒 Errands/Shopping: CVS/Walgreens [G] 1:30 📖 Finishing Lines [GR] 2:30 🎴 Blackjack [GR] 2:30 🖋️ Pencil Art Creations [GR] 2:30 🗣️ Tokyo Central Outing [G] 3:30 🎴 Rummikub [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Doctor Appointments 9 9:10 🦋 Morning Walk and Chitchat! [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo [VLR] 1:15 📺 Science 101: Flowers and Food Coloring [VLR] 2:00 🗣️ Resident Council [VLR] 2:30 📖 Endless Words [VLR] 3:30 🗣️ Who is Leif Erikson? [VLR] 6:00 🎴 Rummikub [GR] 6:30 🌟 Classic Movie Night: The Little Rascals (1994) [TR]	10 9:10 🍷 Welbrook Morning Walk [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 🗣️ Let's Explore... Spain [VLR] 11:00 🦋 Bingo [VLR] 12:00 🍳 Benihana Lunch Outing [G] 1:30 🗣️ Helping Hands: Making Pet Toys for ASPCA [VLR] 2:30 🍳 Angel Food Cake Social and Tasting [VLR] 3:00 🌟 Music Club [VLR] 3:30 🎴 Rummikub [GR] 6:00 🦋 300pc Puzzle Challenge [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Doctor Appointments 11 9:00 🌟 Catholic Communion [GR] 9:10 🦋 Morning Walk and Chitchat! [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 📖 Independent Word Search [G] 11:00 🦋 Bingo [VLR] 1:30 🖋️ Crafts and Creations: Fall Wreath [VLR] 2:30 📺 Computer Class: Technology Help [GR] 2:30 🍷 Cornhole Competition [C] 3:30 🌟 Audio Book Club [VLR] 6:00 📖 Price is Right Trivia [GR] 6:30 📺 Late Night Movie: Resident's Choice [TR]	12 Sign Up for El Burrito Jr. Lunch 9:50 🍷 Age Fit Exercises [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo Madness! [VLR] 12:00 🦋 El Burrito Jr. Lunch Outing [G] 1:30 📺 New Resident Welcome Social [VLR] 2:30 📖 Endless Words [GR] 3:30 🦋 TGIF Social [G] 6:30 📺 Turner Classic Movies- TV [TR]	13 Nightly Puzzle Social 9:10 🍷 Saturday Morning Walk! [G] 9:50 🍷 Stretch and Flex [VLR] 10:15 🌟 Morning Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🎴 Rummikub [GR] 2:30 🎴 UNO Attack Card Game [GR] 3:30 🗣️ Sign Language: Beginners [VLR] 6:00 🦋 Puzzle Social [GR] 6:30 📺 Evening Movie: A Beautiful Mind (2001) [TR]	
14 9:10 🍷 Walking Club [G] 9:50 🍷 Stretch and Be Fit [VLR] 9:50 🦋 Trader Joes Errand [G] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🎴 Blackjack [GR] 2:00 🌟 First Lutheran Church Service [VLR] 2:30 🏠 The Royal House of Windsor: Episode Two [TR] 3:30 🗣️ Let's Go on A Scenic Drive: Hermosa Beach [G] 3:30 🎴 Rummikub [GR] 6:30 📺 Evening Movie: The Aviator (2004) [TR]	Errand Day! 15 9:05 🦋 Banking Transportation [G] 9:10 🍷 Welbrook Morning Walk [G] 9:50 🧘 Tai Chi [VLR] 10:15 📖 Independent Word Search [G] 10:30 🦋 Post Office/DMV [VLR] 10:30 🦋 Target/Ralphs [G] 11:00 🦋 Candy Bingo! [VLR] 1:30 🛒 Errands/Shopping: CVS/Walgreens [G] 1:30 📖 Large Crossword [GR] 2:30 🎴 Blackjack [GR] 2:30 🖋️ Pencil Art Creations [GR] 3:30 🎴 Rummikub [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Doctor Appointments 16 9:10 🦋 Morning Walk and Chitchat! [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🗣️ Chef Chat [VLR] 2:30 📖 Endless Words [VLR] 3:30 🗣️ The Dictionary Game [VLR] 6:00 🎴 Rummikub [GR] 6:30 🌟 Classic Movie Night: Frankenstein (1931) [TR]	17 9:10 🍷 Welbrook Morning Walk [G] 9:50 🍷 Age Fit Exercises [VLR] 10:00 🗣️ Pumpkin Carving with Caremore [VLR] 11:00 🦋 Fossils 101: Can you identify the fossil? [VLR] 1:30 🦋 Bingo [VLR] 1:30 📺 Madrona Marsh Museum [G] 2:30 🌟 Music Club [VLR] 3:30 🗣️ Healthy Food Social and Tasting: Carrots [VLR] 6:00 🦋 300pc Puzzle Challenge [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Doctor Appointments 18 9:00 🌟 Catholic Communion [GR] 9:10 🦋 Morning Walk and Chitchat! [G] 9:50 🍷 Age Fit Exercises [VLR] 10:00 🗣️ Beading with Brigitte [VLR] 10:15 📖 Independent Word Search [G] 11:00 🖋️ Crafts and Creations: Scarecrow Door Hanger [VLR] 1:30 🦋 Bingo [VLR] 2:30 🍷 Bocce Ball [C] 2:30 📺 iPad Workshop 101 [VLR] 3:30 🗣️ Story Telling Dice [VLR] 6:00 🎴 Jeopardy Trivia [GR] 6:30 📺 Late Night Movie: Resident's Choice [TR]	19 Sign Up for Souplantation 9:50 🍷 Age Fit Exercises [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo Madness! [VLR] 12:00 🦋 Souplantation Lunch Outing [G] 1:30 🎴 Rummikub [GR] 2:30 📖 Endless Words [GR] 3:30 🦋 TGIF Social [G] 6:30 📺 Turner Classic Movies- TV [TR]	20 9:10 🍷 Saturday Morning Walk! [G] 9:50 🍷 Stretch and Flex [VLR] 10:15 🌟 Morning Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🎴 Rummikub [GR] 2:30 📺 Welbrook's Halloween Spooktacular Magic Show [VLR] 3:30 🗣️ Sign Language: Beginners [VLR] 6:00 📺 Halloween Movie Night: Hocus Pocus [VLR] 6:30 📺 Evening Movie: Cinderella Man (2005) [TR]	
21 9:10 🍷 Walking Club [G] 9:50 🍷 Stretch and Be Fit [VLR] 9:50 🦋 Walmart Errand [G] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🎴 Blackjack [GR] 2:00 🌟 First Lutheran Church Service [VLR] 2:30 🏠 The Royal House of Windsor: Episode Three [TR] 3:30 🗣️ Let's Go on A Scenic Drive: San Pedro [G] 3:30 🎴 Rummikub [GR] 6:30 📺 Evening Movie: Pirates of the Caribbean (2003) [TR]	Errand Day! 22 9:00 🦋 J Ross Dry Cleaners Drop Off [G] 9:10 🍷 Welbrook Morning Walk [G] 9:50 🧘 Tai Chi [VLR] 10:05 🛒 Del Amo Mall Errand Drop-Off [G] 10:15 📖 Independent Word Search [G] 10:30 🦋 Target/Ralphs [G] 11:00 🦋 Candy Bingo! [VLR] 1:30 🛒 Errands/Shopping: CVS/Walgreens [G] 1:30 🎴 Simon Game [GR] 2:30 🎴 Blackjack [GR] 2:30 🖋️ Pencil Art Creations [GR] 2:30 🗣️ Tokyo Central Outing [G] 3:30 🎴 Rummikub [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Doctor Appointments 23 Wear Pink for Breast Cancer Awareness Month 9:10 🦋 Morning Walk and Chitchat! [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🗣️ Breast Cancer Awareness Social [VLR] 2:30 📖 Endless Words [VLR] 3:30 🗣️ Famous Talk Show Hosts: Can you name them? [VLR] 6:00 🎴 Rummikub [GR] 6:30 🌟 Classic Movie Night: Steel Magnolias (1989) [TR]	24 9:10 🍷 Welbrook Morning Walk [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 🦋 Did You Know... Social [VLR] 11:00 🦋 Bingo [VLR] 1:30 🗣️ Helping Hands: Making Pet Toys for ASPCA [VLR] 2:30 🍳 Cooking Club: Build your own Bologna Sandwich [VLR] 2:30 🍳 Pumpkin Patch Outing [G] 3:00 🌟 Music Club [VLR] 3:30 🎴 Rummikub [GR] 6:00 🦋 300pc Puzzle Challenge [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Doctor Appointments 25 9:00 🌟 Catholic Communion [GR] 9:10 🦋 Morning Walk and Chitchat! [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 📖 Independent Word Search [G] 11:00 🦋 Bingo [VLR] 1:30 🍳 Pumpkin Decorating Fun [VLR] 2:30 📺 Computer Class: Beginners [GR] 2:30 🗣️ Putting in the Green [C] 3:30 🗣️ Who, What, When [VLR] 6:00 🎴 Rummikub with Friends [GR] 6:30 📺 Late Night Movie: Resident's Choice [TR]	26 Sign Up for El Pollo Inka 9:50 🍷 Age Fit Exercises [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo Madness! [VLR] 12:00 🦋 Lunch Outing [G] 1:30 🎴 Rummikub [GR] 2:30 🗣️ History of Broadway Songs: What are some of your favorites? [GR] 3:30 🦋 TGIF Social [G] 6:30 📺 Turner Classic Movies- TV [TR]	27 Nightly Puzzle Social 9:10 🍷 Saturday Morning Walk! [G] 9:30 🍷 Stretch and Flex [VLR] 10:00 🗣️ IPC Hebron Church [VLR] 11:00 🦋 Bingo [VLR] 1:30 🎴 Rummikub [GR] 2:30 🌟 Sing Along [GR] 3:00 📺 Halloween Trunk or Treat [VLR] 3:30 🗣️ Sign Language: Beginners [VLR] 6:00 🦋 Puzzle Social [GR] 6:30 📺 Evening Movie: Boss Baby (2017) [TR]	
28 9:10 🍷 Walking Club [G] 9:50 🗣️ JoAnns Arts and Crafts Errand [G] 9:50 🍷 Stretch and Be Fit [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🎴 Blackjack [GR] 2:00 🌟 First Lutheran Church Service [VLR] 2:30 🏠 The Royal House of Windsor: Episode Four [TR] 3:30 🗣️ Let's Go on A Scenic Drive: Redondo Beach [G] 3:30 🎴 Rummikub [GR] 6:30 📺 Evening Movie: Beetlejuice (1988) [TR]	Errand Day! 29 9:05 🦋 Banking Transportation [G] 9:10 🍷 Welbrook Morning Walk [G] 9:50 🧘 Tai Chi [VLR] 10:15 📖 Independent Word Search [G] 10:30 🦋 Target/Ralphs [G] 11:00 🦋 Candy Bingo! [VLR] 1:30 🛒 Errands/Shopping: CVS/Walgreens [G] 1:30 📖 Spelling Bee: How well can you spell? [GR] 2:30 🎴 Blackjack [GR] 2:30 🍳 Halloween Store: Costume Shopping [G] 2:30 🖋️ Pencil Art Creations [GR] 3:30 🎴 Rummikub [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Doctor Appointments 30 9:10 🦋 Morning Walk and Chitchat! [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 🌟 Early Bird Matinee [TR] 11:00 🦋 Bingo [VLR] 1:30 🗣️ Hollywood Scary Movie Classics: What are some of your favorites? [VLR] 2:30 📺 October Birthday Entertainment [VLR] 3:30 🍳 Candy Corn Lecture and Tasting [VLR] 6:00 🎴 Rummikub [GR] 6:30 🌟 Classic Movie Night: The Munsters [TR]	31 Happy Halloween 9:10 🍷 Welbrook Morning Walk [G] 9:50 🍷 Age Fit Exercises [VLR] 10:15 🦋 Did You Know... Social [VLR] 11:00 🦋 Bingo [VLR] 12:00 🗣️ In n Out Lunch Outing [G] 1:30 📖 Halloween Word Search [VLR] 2:30 🍳 Cooking Club: Popcorn and Candy Corn Mix [VLR] 3:00 🍳 Halloween Fun and Games [VLR] 6:00 🦋 300pc Puzzle Challenge [GR] 6:30 📺 Turner Classic Movies- TV [TR]	Location Keys Courtyard C Game Room GR Great Room G Theater Room TR Vibrant Life Room VLR		📷 Be Adventurous 🏠 Be Challenged 🗣️ Be Connected 🦋 Be Family 🌟 Be Inspired 🦋 Be Social 🍷 Be Well	Activities are subject to change.