


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy New Year! 1 8:00 🦋 The Rose Parade 9:55 🍷 New Year's Resolutions List 10:25 🦋 Sittercise 11:00 🦋 Daily Chronicle 11:30 🦋 New Years Day Italian Lunch! 1:30 🍷 Chitchat Out In Patio 2:30 🦋 Sing-Along & Sing Out Loud 3:00 🍷 Breath Of fresh Air Walk 3:30 🍷 New Years Color Pencil Art 5:30 🍷 Independent Puzzles 6:00 🦋 Monday Night News	2 9:55 🦋 Bulletin Board Trivia 10:25 🍷 Decade-cise Workout to the 1940's Hits 11:00 🦋 Daily Chronicle 1:30 🦋 BINGO 2:30 🦋 Shopping List Trivia & Gen-narrations 3:00 🦋 Awaken Your Creativity With Painting 3:30 🦋 Face Time With Our Neighbors 5:30 🦋 Netflix Series 1920's Cable Girl's Season 1 6:00 🦋 Independent Look & Lace	3 9:55 🍷 Current Events 10:25 🍷 Shake it Off Fitness 11:00 🦋 Daily Chronicle 1:30 🦋 Collage Art 1:45 🦋 Shopping Target 2:15 🦋 Expressive Design Bubble Art 2:30 🦋 Trail Walk and Work Out 2:45 🦋 Raise the Curtain 3:00 🦋 Finish the Lines 5:30 🦋 Creative Drawing 6:00 🦋 Local News	National Spaghetti Day 4 9:55 🍷 Chair Aerobics 10:25 🦋 Reminiscent Corner 11:00 🦋 Daily Chronicle 1:30 🦋 Spaghetti Noodle Craft / One Word at a Time Gen-narrations 2:00 🦋 BINGO & Prizes 3:00 🦋 Trivia Teasers 3:30 🍷 Ball Toss 4:35 🦋 Smooth Evening Workout 5:15 🍷 Evening Of Reading Short Stories	5 9:55 🦋 Coffee & Conversation with Our Welcoming Committee 10:25 🦋 Silver Sneakers 11:00 🦋 Daily Chronicle 1:30 🦋 Matinee Movie & Popcorn The Man Who Would Be King 2:30 🦋 Semi-Homemade Cooking 3:30 🦋 Trivia Time 5:30 🍷 Music & Relaxation 6:00 🦋 Independent Puzzles	Three Kings Day 6 9:55 🍷 Morning News 10:25 🦋 Three Kings Facts & Trivia 11:00 🦋 Daily Chronicle 1:30 🍷 Independent Puzzles 2:00 🦋 Chitchat Out In Patio 2:30 🦋 Music & Relaxation 3:30 🍷 Strolling & Rolling 6:00 🍷 Independent Look & Lace
7 9:55 🍷 A Moment Of Meditation 10:25 🦋 Walking Trails 11:00 🦋 Daily Chronicle 1:15 🦋 Scenic Drive Old Town Torrance 2:00 🍷 Saddleback Church 3:00 🦋 Coupon Clippers Club 3:30 🍷 Sensory Sensation With Hand Massage & Manicure 5:30 🦋 Independent Dominos 6:00 🦋 Sunday News	Elvis Presley Birthday January 8, 1935 8 9:55 🍷 Inspirational Ways to Start Your Day 10:25 🍷 Sittercise 11:00 🦋 Daily Chronicle 1:30 🍷 Tasty Creations With Vegetables 2:30 🦋 Sing-Along & Sing Out Loud To Elvis Songs 3:00 🍷 Breath Of fresh Air Walk 3:30 🦋 Elvis Birthday Trivia 5:30 🍷 Independent Puzzles 6:00 🦋 Monday Night News	National Poetry at Work Day 9 9:55 🦋 Bulletin Board Trivia 10:25 🍷 Decade-cise Workout to the 1940's Hits 11:00 🦋 Daily Chronicle 1:30 🦋 BINGO 2:30 🦋 Shopping List Trivia & Gen-narrations 3:00 🦋 Awaken Your Creativity With Painting & Poetry 3:30 🦋 Face Time With Our Neighbors 5:30 🦋 Netflix Series 1920's Cable Girl's Season 1 6:00 🦋 Independent Look & Lace	10 9:55 🍷 Current Events 10:25 🍷 Shake it Off Fitness 11:00 🦋 Daily Chronicle 1:15 🦋 Livin' the Dream: Aleta Lee and Tommy Levin Scotty's On The Strand 1:30 🦋 Collage Art 2:15 🦋 Expressive Design Bubble Art 2:30 🦋 Trail Walk and Work Out 2:45 🦋 Raise the Curtain 3:00 🦋 Finish the Lines 5:30 🦋 Creative Drawing 6:00 🦋 Local News	National Milk Day 11 9:55 🍷 Chair Aerobics 10:25 🦋 Reminiscent Corner 11:00 🦋 Daily Chronicle 1:30 🦋 Welbrook Poet Society / One Word at a Time Gen-narrations 2:00 🦋 BINGO & Prizes 3:00 🦋 Trivia Teasers Happy National Milk Day! Today we commemorate the day when milk started being delivered in sterilized glass bottles way back in 1878 3:30 🍷 Ball Toss 4:35 🦋 Smooth Evening Workout 5:15 🍷 Evening Of Reading Short Stories	National Hot Tea Day 12 9:55 🦋 Hot Tea & Conversation 10:25 🦋 Silver Sneakers 11:00 🦋 Daily Chronicle 1:30 🦋 Matinee Movie & Popcorn Boss Baby 2:30 🦋 Semi-Homemade Cooking 3:30 🦋 Hangman 5:30 🍷 Music & Relaxation 6:00 🦋 Independent Puzzles	13 9:55 🍷 Re-Energized Workout 10:25 🦋 Fly Ball 11:00 🦋 Daily Chronicle 1:30 🍷 Crafting to a Tune 2:00 🦋 Story Cubes 2:30 🦋 Why Limit Happy To An Hour Men's Social 3:00 🦋 Spelling Bee Practice 3:30 🍷 Strolling & Rolling 6:00 🍷 Independent Look & Lace
14 9:55 🍷 A Moment Of Meditation 10:25 🦋 Walking Trails 11:00 🦋 Daily Chronicle 1:30 🦋 Scenic Drive Hopkins Wilderness Park 2:00 🍷 Saddleback Church 3:00 🦋 Coupon Clippers Club 3:30 🍷 Sensory Sensation With Hand Massage & Manicure 5:30 🦋 Independent Dominos 6:00 🦋 Sunday News	National Fresh Squeezed Juice Martin Luther King Day 15 9:55 🍷 Inspirational Ways to Start Your Day With I Have A Dream Speech 10:25 🍷 Sittercise 11:00 🦋 Daily Chronicle 1:30 🍷 Tasty Creations With A Juicer 2:30 🦋 Sing-Along & Sing Out Loud 3:00 🍷 Breath Of fresh Air Walk 3:30 🍷 Martin Luther King Craft 5:30 🍷 Independent Puzzles 6:00 🦋 Monday Night News	16 9:55 🦋 Bulletin Board Trivia 10:25 🍷 Decade-cise Workout to the 1940's Hits 11:00 🦋 Daily Chronicle 1:30 🦋 BINGO 2:30 🦋 Shopping List Trivia & Gen-narrations 3:00 🦋 Awaken Your Creativity With Painting 3:30 🦋 Face Time With Our Neighbors 5:30 🦋 Netflix Series 1920's Cable Girl's Season 1 6:00 🦋 Independent Look & Lace	17 9:55 🍷 Current Events 10:25 🍷 Shake it Off Fitness 11:00 🦋 Daily Chronicle 1:30 🦋 Collage Art 1:45 🦋 Shopping 99 Cent Only Store 2:15 🦋 Expressive Design Bubble Art 2:45 🦋 Raise the Curtain 3:00 🦋 Finish the Lines 5:30 🦋 Sip n' Paint Night! Phase 1 5:30 🦋 Creative Drawing 6:00 🦋 Local News	18 9:55 🍷 Chair Aerobics 10:25 🦋 Reminiscent Corner 11:00 🦋 Daily Chronicle 1:30 🦋 Welbrook Poet Society / One Word at a Time Gen-narrations 2:00 🦋 BINGO & Prizes 3:00 🦋 Trivia Teasers 3:30 🍷 Ball Toss 4:35 🦋 Smooth Evening Workout 5:15 🍷 Evening Of Reading Short Stories	19 9:55 🦋 Coffee and Conversation 10:25 🦋 Silver Sneakers 11:00 🦋 Daily Chronicle 1:30 🦋 Matinee Movie & Popcorn MoonRise Kingdom 2:30 🦋 Semi-Homemade Cooking 3:30 🦋 Hangman 5:30 🍷 Music & Relaxation 6:00 🦋 Independent Puzzles	National Cheese lover's Day 20 9:55 🍷 Re-Energized Workout 10:25 🦋 Fly Ball & String Cheese Snacks 11:00 🦋 Daily Chronicle 1:30 🍷 Crafting to a Tune 2:00 🦋 Family Sundae Social and Entertainment with George Rossi! 3:30 🍷 Strolling & Rolling 6:00 🍷 Independent Look & Lace
National Hugging Day! 21 9:55 🍷 A Moment Of Meditation 10:25 🦋 Walking Trails 11:00 🦋 Daily Chronicle 1:30 🦋 Scenic Drive Redondo Beach 2:00 🍷 Saddleback Church 3:00 🦋 Coupon Clippers Club 3:30 🍷 Sensory Sensation With Hand Massage, Manicure & Huggs 5:30 🦋 Independent Dominos 6:00 🦋 Sunday News	22 9:55 🍷 Inspirational Ways to Start Your Day 10:25 🍷 Sittercise 11:00 🦋 Daily Chronicle 1:30 🍷 Tasty Creations With Pasta Salad 2:30 🦋 Sing-Along & Sing Out Loud 3:00 🍷 Breath Of fresh Air Walk 3:30 🍷 Hallway Bowling 5:30 🍷 Independent Puzzles 6:00 🦋 Monday Night News	23 9:55 🦋 Bulletin Board Trivia 10:25 🍷 Decade-cise Workout to the 1940's Hits 11:00 🦋 Daily Chronicle 1:30 🦋 BINGO 2:30 🦋 Shopping List Trivia & Gen-narrations 3:00 🦋 Awaken Your Creativity With Painting 3:30 🦋 Face Time With Our Neighbors 5:30 🦋 Netflix Series 1920's Cable Girl's Season 1 6:00 🦋 Independent Look & Lace	National Peanut Butter Day 24 9:55 🍷 Current Events 10:25 🍷 Shake it Off Fitness 11:00 🦋 Daily Chronicle 1:30 🦋 Let's Bake Peanut Butter Cookies 1:45 🦋 Shopping Walmart 2:15 🦋 Expressive Design Bubble Art 2:30 🦋 Trail Walk and Work Out 2:45 🦋 Raise the Curtain 3:00 🦋 Finish the Lines 5:30 🦋 Creative Drawing 6:00 🦋 Local News	25 9:55 🍷 Chair Aerobics 10:25 🦋 Reminiscent Corner 11:00 🦋 Daily Chronicle 1:30 🦋 Welbrook Poet Society / One Word at a Time Gen-narrations 2:00 🦋 BINGO & Prizes 3:00 🦋 Trivia Teasers 3:30 🍷 Ball Toss 4:35 🦋 Smooth Evening Workout 5:15 🍷 Evening Of Reading Short Stories	26 9:55 🦋 Coffee and Conversation 10:25 🦋 Silver Sneakers 11:00 🦋 Daily Chronicle 1:30 🦋 Matinee Movie & Popcorn Resident's Choice 2:30 🦋 Semi-Homemade Cooking 3:30 🦋 Hangman 5:30 🍷 Music & Relaxation 6:00 🦋 Independent Puzzles	27 9:55 🍷 Re-Energized Workout 10:25 🦋 Fly Ball 11:00 🦋 Daily Chronicle 11:30 🦋 Costco Hot Dogs Outting 1:30 🍷 Crafting to a Tune 2:00 🦋 Story Cubes 2:30 🦋 Why Limit Happy To An Hour 3:00 🦋 Spelling Bee Practice 3:30 🍷 Strolling & Rolling 6:00 🍷 Independent Look & Lace
Living the Dream Whale Watching 28 9:55 🍷 A Moment Of Meditation 10:25 🦋 Walking Trails 11:00 🦋 Daily Chronicle 1:15 🦋 Living The Dream Whale Watching Lunch 2:00 🍷 Saddleback Church 3:00 🦋 Coupon Clippers Club 3:30 🍷 Sensory Sensation With Hand Massage & Manicure 5:30 🦋 Independent Dominos 6:00 🦋 Sunday News	National Puzzle Day 29 9:55 🍷 Inspirational Ways to Start Your Day 10:25 🍷 Sittercise 11:00 🦋 Daily Chronicle 1:30 🍷 Tasty Creations Ants On A Log 2:30 🦋 Sing-Along & Sing Out Loud 3:00 🍷 Puzzle Power Hour 3:30 🍷 Hallway Bowling 6:00 🦋 Monday Night News	30 9:55 🦋 Bulletin Board Trivia 10:25 🍷 Decade-cise Workout to the 1940's Hits 11:00 🦋 Daily Chronicle 1:30 🦋 BINGO 2:30 🦋 Shopping List Trivia & Gen-narrations 3:00 🦋 Awaken Your Creativity With Painting 3:30 🦋 Face Time With Our Neighbors 5:30 🦋 Netflix Series 1920's Cable Girl's Season 1 6:00 🦋 Independent Look & Lace	31 9:55 🍷 Current Events 10:25 🍷 Shake it Off Fitness 11:00 🦋 Daily Chronicle 1:30 🦋 Collage Art 1:45 🦋 Shopping Costco 2:00 🦋 January Birthday Bash With Entertainment 2:30 🦋 Trail Walk and Work Out 2:45 🦋 Raise the Curtain 3:00 🦋 Finish the Lines 5:30 🦋 Creative Drawing 6:00 🦋 Local News	Activities are subject to change.		