

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- Be Adventurous
- Be Challenged
- Be Family
- Be Inspired
- Be Social
- Be Well

Activities are subject to change.

<p>US Air Force Birthday 1</p> <p>9:55 Water The Garden 10:25 Shake it Off Fitness 11:00 Daily Chronicle 1:30 Name 5 & Air Force Fun Facts 1:45 Shopping 2:00 Creative Crafting Q-tip Art 2:30 Trail Walking Club 3:00 Wind Down Exercise 5:30 Engagement Box Reminiscing 6:00 Large Dominos</p>	<p>National Coloring Book Day 2</p> <p>9:55 Reminiscent Corner 10:25 Light' n Lively Work Out 11:00 Daily Chronicle 1:30 Color pencil Art 2:30 BINGO 3:00 Trivia & Pictionary 3:30 Person Place Or Thing 5:00 Independent coloring 6:00 Sorting Poker Chips</p>	<p>National Chocolate Chip Day 4</p> <p>9:55 Reminiscing With Engagement Box 10:25 Stress Ball Therapy 11:15 Daily Chronicle 1:30 Mandaias Puzzle & Chocolate Chip Social 2:30 BINGO 3:30 Weekend Walkers 5:00 Independent Look & Lace 6:00 Shape Matching</p>				
<p>National Friendship Day 5</p> <p>9:55 Weekend Workout 10:25 Walking Trails 11:15 Daily Chronicle 1:30 Scenic Drive Up The Cost 2:00 Saddleback Church 3:00 Coupon Clippers Club 3:30 ChitChat In The Patio & Friendship Selfie 5:30 Independent Large Dominos 6:00 Sunday News</p>	<p>National Root Beer Float Day 6</p> <p>9:55 Joke of the Day 10:25 Qi Gong Longevity Exercises 11:15 Daily Chronicle 1:30 Build Your Own Root Beer fFloat 2:30 Sing-Along & Sing Out Loud 3:30 Vocabulary Challenge 3:35 Breath of Fresh Air Walk 5:30 Independent Puzzles 6:00 Monday Night News</p>	<p>Bulletin Board Trivia 7</p> <p>9:55 Bulletin Board Trivia 10:25 Range Of Motion Exercises 11:15 Daily Chronicle 1:30 Shopping List Trivia & Gen-narrations 2:30 BINGO 3:00 Face Time With Neighbors 3:30 Opposite Words 5:00 Walking Culb 6:00 Independent Look & Lace</p>	<p>Water The Garden 8</p> <p>9:55 Water The Garden 10:25 Shake it Off Fitness 11:15 Daily Chronicle 1:30 Name 5 1:45 Shopping 2:00 Creative Crafting Q-tip Art 2:30 Trail Walking Club 3:00 Wind Down Exercise 5:30 Engagement Box Reminiscing 6:00 Large Dominos</p>	<p>Reminiscent Corner 9</p> <p>9:55 Reminiscent Corner 10:25 Light' n Lively Work Out 11:15 Daily Chronicle 1:30 Welbrook Poet Society / One Word at a Time Gen-narrations 2:30 BINGO 3:00 Trivia & Pictionary 3:30 Person Place Or Thing 5:00 Independent coloring 5:30 Sorting Poker Chips</p>	<p>Water The Garden 10</p> <p>9:55 Water The Garden 10:25 Sit & Be Fit Workout 11:15 Daily Chronicle 1:30 Classic Movie 2:30 Film Critic Club 3:30 Coloring & Conversation 3:45 Strolling & Rolling Walking Trails 5:00 Reminiscing With Engagements Box 6:00 Independent Puzzles</p>	<p>Kool-Aid Day 11</p> <p>10:25 Stress Ball Therapy 11:00 Daily Chronicle 11:15 Costco Hot Dog Run 1:30 Kool-Aid Painting 1:45 Klings Corner 2:30 BINGO 3:30 Weekend Walkers 5:00 Independent Look & Lace 6:00 Shape Matching & Puzzle</p>
<p>Weekend Workout 12</p> <p>9:55 Weekend Workout 10:25 Walking Trails 11:15 Daily Chronicle 1:30 Scenic Drive Up The Cost 2:00 Saddleback Church 3:00 Coupon Clippers Club 3:30 ChitChat In The Patio 5:30 Independent Large Dominos 6:00 Sunday News</p>	<p>National Left Handers Day 13</p> <p>9:55 Joke of the Day 10:25 Qi Gong Longevity Exercises 11:15 Daily Chronicle 1:30 Left Handed Fun Facts & Famous People 2:30 Sing-Along & Sing Out Loud 3:30 Left Handed Cutting Craft 3:35 Left Handers Look & Lace 5:30 Independent Puzzles 6:00 Monday Night News</p>	<p>Bulletin Board Trivia 14</p> <p>9:55 Bulletin Board Trivia 10:25 Range Of Motion Exercises 11:15 Daily Chronicle 1:30 Shopping List Trivia & Gen-narrations 2:30 BINGO 3:00 Face Time With Neighbors 3:30 Opposite Words 5:00 Walking Culb 5:30 Cool Down & Stretch 6:00 Independent Look & Lace</p>	<p>Water The Garden 15</p> <p>9:55 Water The Garden 10:25 Shake it Off Fitness 11:15 Daily Chronicle 1:30 Name 5 1:45 Shopping 2:00 Creative Crafting Q-tip Art 2:30 Trail Walking Club 3:00 Wind Down Exercise 5:30 Engagement Box Reminiscing 6:00 Large Dominos</p>	<p>Reminiscent Corner 16</p> <p>9:55 Reminiscent Corner 10:25 Light' n Lively Work Out 11:15 Daily Chronicle 1:30 Welbrook Poet Society / One Word at a Time Gen-narrations 2:30 BINGO 3:00 Trivia & Pictionary 3:30 Person Place Or Thing 5:00 Independent coloring 5:30 Sorting Poker Chips</p>	<p>Water The Garden 17</p> <p>9:55 Water The Garden 10:25 Sit & Be Fit Workout 11:15 Daily Chronicle 1:30 Classic Movie 2:30 Film Critic Club 3:30 Coloring & Conversation 3:45 Strolling & Rolling Walking Trails 5:00 Reminiscing With Engagements Box 6:00 Independent Puzzles</p>	<p>Stress Ball Therapy 18</p> <p>10:25 Stress Ball Therapy 11:15 Daily Chronicle 1:30 Story Cubes 1:45 Klings Corner 2:30 BINGO 3:30 Weekend Walkers 5:00 Independent Look & Lace 6:00 Shape Matching & Mandaias Puzzle</p>
<p>Weekend Workout 19</p> <p>9:55 Weekend Workout 10:25 Walking Trails 11:15 Daily Chronicle 1:30 Scenic Drive Up The Cost 2:00 Saddleback Church 3:00 Coupon Clippers Club 3:30 ChitChat In The Patio 5:30 Independent Large Dominos 6:00 Sunday News</p>	<p>Joke of the Day 20</p> <p>9:55 Joke of the Day 10:25 Qi Gong Longevity Exercises 11:15 Daily Chronicle 1:30 Healthy Creations 2:30 Sing-Along & Sing Out Loud 3:30 Vocabulary Challenge 3:35 Breath of Fresh Air Walk 5:30 Independent Puzzles 6:00 Monday Night News</p>	<p>Bulletin Board Trivia 21</p> <p>9:55 Bulletin Board Trivia 10:25 Range Of Motion Exercises 11:15 Daily Chronicle 1:30 Shopping List Trivia & Gen-narrations 2:30 BINGO 3:00 Face Time With Neighbors 3:30 Opposite Words 5:00 Walking Culb 5:30 Cool Down & Stretch 6:00 Independent Look & Lace</p>	<p>Water The Garden 22</p> <p>9:55 Water The Garden 10:25 Shake it Off Fitness 11:15 Daily Chronicle 1:30 Name 5 1:45 Shopping 2:00 Creative Crafting Q-tip Art 2:30 Trail Walking Club 3:00 Wind Down Exercise 5:30 Engagement Box Reminiscing 6:00 Large Dominos 11:20 Denny Luncheon</p>	<p>Reminiscent Corner 23</p> <p>9:55 Reminiscent Corner 10:25 Light' n Lively Work Out 11:15 Daily Chronicle 1:30 Welbrook Poet Society / One Word at a Time Gen-narrations 2:30 BINGO 3:00 Trivia & Pictionary 3:30 Person Place Or Thing 5:00 Independent coloring 5:30 Sorting Poker Chips</p>	<p>Water The Garden 24</p> <p>9:55 Water The Garden 10:25 Sit & Be Fit Workout 11:15 Daily Chronicle 1:30 Classic Movie 2:30 Film Critic Club 3:30 Coloring & Conversation 3:45 Strolling & Rolling Walking Trails 5:00 Reminiscing With Engagements Box 6:00 Independent Puzzles</p>	<p>Welbrook's Outdoor Movie Night 25</p> <p>9:55 Water The Garden 10:30 Independent Look & Lace 11:15 Daily Chronicle 1:45 Klings Corner 2:30 Bingo 3:30 Board Games & Puzzle 5:00 Entertainment 5:30 Facepainting 6:00 Welbrook's Outdoor Movie Night</p>
<p>Weekend Workout 26</p> <p>9:55 Weekend Workout 10:25 Walking Trails 11:15 Daily Chronicle 1:30 Scenic Drive Up The Cost 2:00 Saddleback Church 3:00 Coupon Clippers Club 3:30 ChitChat In The Patio 5:30 Independent Large Dominos 6:00 Sunday News</p>	<p>Joke of the Day 27</p> <p>9:55 Joke of the Day 10:25 Qi Gong Longevity Exercises 11:15 Daily Chronicle 1:30 Healthy Creations 2:30 Sing-Along & Sing Out Loud 3:30 Vocabulary Challenge 3:35 Breath of Fresh Air Walk 5:30 Independent Puzzles 6:00 Monday Night News</p>	<p>Bulletin Board Trivia 28</p> <p>9:55 Bulletin Board Trivia 10:25 Range Of Motion Exercises 11:15 Daily Chronicle 1:30 Shopping List Trivia & Gen-narrations 2:30 BINGO 3:00 Face Time With Neighbors 3:30 Opposite Words 5:00 Walking Culb 5:30 Cool Down & Stretch 6:00 Independent Look & Lace</p>	<p>Water The Garden 29</p> <p>9:55 Water The Garden 10:25 Shake it Off Fitness 11:15 Daily Chronicle 1:30 August Birthday Celebration 1:45 Shopping 2:00 Birthday Cake 3:30 Wind Down Exercise 5:30 Engagement Box Reminiscing 6:00 Large Dominos</p>	<p>National Trail Mix Day 30</p> <p>9:55 Reminiscent Corner 10:25 Light' n Lively Work Out 11:15 Daily Chronicle 1:30 Welbrook Poet Society / One Word at a Time Gen-narrations 1:45 Home MadeTrail Mixing 2:30 BINGO 3:00 Trivia & Pictionary 3:30 Person Place Or Thing 5:00 Independent coloring 5:30 Sorting Poker Chips</p>	<p>Water The Garden 31</p> <p>9:55 Water The Garden 10:25 Sit & Be Fit Workout 11:15 Daily Chronicle 1:30 Classic Movie 2:30 Film Critic Club 3:30 Coloring & Conversation 3:45 Strolling & Rolling Walking Trails 5:00 Reminiscing With Engagements Box 6:00 Independent Puzzles</p>	